



## **Come and support Play Therapy Base!**

Play Therapy Base is currently looking to expand its Board of Trustees and would welcome interest from interested parties for a board position.

We are particularly interested in having members who have experience in:

- Working with children and families
- Working in the third sector
- Knowledge of IT and Data
- Knowledge of Looked after Children (working with or are care experienced adults)

**Our story:** Play Therapy Base was established in 2011 by founders who were Play Therapists and recognised a need for a child centred Mental Health resource that children and families could access living in Midlothian and surrounding areas. Using play, our team of qualified therapists support children aged 3-14 who suffer from emotional distress or anxiety and who may have experienced separation, trauma, loss or abuse in their early years of life.

The organisation is now a registered charity with 15 staff and our team work from 2 playrooms in Eskbank, Midlothian and within Nursery and School settings in Midlothian.

The charity objectives are to:

- relieve the needs of children and young people suffering social, emotional, and behavioural difficulties by delivering child centred therapeutic services, specifically play therapy & Filial Therapy and promoting high standards in the therapeutic practice for the public benefit
- advance education by enhancing the capacity and capability of qualified and student play therapists, and professionals working with children, to access training and make use of knowledge, research and resources relating to child centred therapeutic services and play therapy.

**Our Board:** supports the Service Manager and staff to ensure Play Therapy Base meets its aims as a Children's Charity in line with OSCR.

The Board meets every 6-8 weeks for around 2 hours, some Board members offer additional time to support areas of service development and are involved in communicating and representing the charity and its work to the public, potential funders and supporters.

If you would like more information or to note interest, please contact Linda Cuthbert Service Manager; Tel No -0131 454 9723 or Linda @playtherapybase.co.uk. For more information about Play Therapy Base – [www.playtherapybase.co.uk](http://www.playtherapybase.co.uk)

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Charity Number SC045603  
Company Number 402443